



## **Is there understanding and client demand for Mirimiri and Fofō within a therapeutic massage clinic practice in New Zealand?**

### **Information Sheet for Participants**

We would like to invite you to participate in this research project. Please read the information outlined below before deciding whether to participate. If you decide to participate, we thank you in advance. If you decide not to take part, there will be no disadvantage to you of any kind and we thank you for considering our request. Participation in this study is voluntary.

#### **Purpose for this research:**

In a remedial massage clinic, clients are aware of western massage therapy services including modalities such as deep tissue therapy, sports massage, dry needling and relaxation. The aim of this research study is to explore client interest in traditional Pacific healing modalities such as Mirimiri (traditional Māori massage and healing) and Fofō (traditional Samoan massage and healing) in relation to holistic wellbeing. A further aim is to learn whether or not clients expect to see such practices being available in a remedial massage therapy clinic in New Zealand.

My name is Yanetta Siena Hiko and I am currently completing my third and final year of the Bachelor of Therapeutic and Sports Massage at the Southern Institute of Technology.

#### **Who are the participants**

The populations of interest are massage therapy clients. Massage therapy clients will be people who have received massage therapy at least once within the last 12-24 months in New Zealand. All participants must be 18 years and above.

#### **What will taking part involve?**

If you choose to participate in this research study, it will consist of an online survey. The survey will take you approximately 10-15 minutes.

## **Are there any risks or benefits?**

There are no foreseen risks to participating in this research study. However, if at any time you feel uncomfortable or hesitant to answer a question you are reminded of your right to decline to answer any question(s), also that you may withdraw from the project at any stage without disadvantage to yourself of any kind. We cannot promise the study will bring benefits to you, but the information gathered may inform an area of the massage therapy industry.

## **Confidentiality of participants**

No personal or individual information will be disseminated, and demographic data will be presented as group data. Pseudonyms will be used when presenting participant quotes.

## **Information collected and how it will be used**

All data collected will be stored on a secure laptop that is password protected and only used by the researcher. If the data is printed no identifying information will be present on any hardcopy. Only the supervisor and researcher will have access to the raw data. Participants will not have access to this data until it is analysed and presented. On completion of this research project, data shall be stored in a secure location for five years as per the Southern Institute of Technology's research policy.

Students and supervisors may co-publish research findings in poster, presentation, or conference format or in academic publications. This research study poster which will be available to access in December from the Southern Institute of Technology, Invercargill, New Zealand.

## **Contact Details**

For further information, questions, or complaints please contact either:

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***This project has been reviewed and approved by the Massage Division of the School of Health Exercise and Recreation Ethics Committee.***